

Official Transcript: Jorge Sierralta (Highlight)



Role:	Staff Psychologist
Country of Origin:	Peru
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Location:	Arusha, Tanzania
Interviewer:	Lisa P. Nathan Donald J. Horowitz
Videographer:	Nell Carden Grey
Interpreter:	None

In this highlight, Jorge Sierralta speaks on... staff traumatization and coping mechanisms

The transcript of the highlight begins on the following page.

Jorge Sierralta

- 00:00 When I first got here, I, I thought that I will have a lot of people with this vicarious traumatization, people who, you know, listening to stories of the genocide, it takes a toll. But it was not the case. It was not the case. I, I really thought that I provide sessions on trauma counseling, on trauma, but I believe that the coping mechanism that people have been used has been, for some of them has been very effective.
- O0:35 So what I came here, the major problem was that the mission is going to be downsized. Also, this might be also an effect because this downsizing is overcoming the other problem that probably people are facing because of being, at least they not everybody in the mission, they hear the stories or they provide support to the victims.
- O1:01 So I believe that this fear of losing their job at this moment is more powerful, so that's why people who come to see me, majority of them they come with this problem of, yeah, fear, uncertainty, "What is going to happen to me, what is going to happen to my family?" And yeah. And so sometimes people refrain to discuss about their own experience.